



'THE JAM, THE MIX, THE GIG' Inc.

'Music & Mental Health Program'

ABN: 27 514 998 443

Covid safety at JMG sessions plan @ 20/1/21

The JMG aims to provide a safe and supportive place in which to make and create music together.

As part of this we now need to manage the Covid situation and to do this:

- we need to follow SA Health guidelines and directions
- we need to follow the requirements of The Parks Sports & Recreation Centre
- we need to do what we can within the resources of The JMG, a small community based and run music & mental health Program

In response, The JMG Board has adopted the following:

1. Mandatory use of Hand Sanitiser when you first enter the music session venue

- The JMG will provide hand sanitiser on a table at the entrance

2. Mandatory to sign in with your name and phone number for contact tracing

- The JMG will provide the form for this at the entrance

3. Use of antiseptic wipes on shared equipment - especially microphones

- This will be done by JMG before a session starts
- This will be done when a new person takes over using a microphone
- You are welcome to bring your own microphone and disinfect it for your use only
- Antiseptic wipes will be provided by The JMG for you to use

4. Covid management will be the responsibility of the Covid Marshall

- This will be either Robert Petchell or Phil McTaggart

5. Social distancing of 1.5 metre within the music session venue

6. The JMG will not provide a tea/coffee refreshment table

- Refreshments can be bought from the Sports Centre Café or nearby shops
- Participants can bring their own drinks to the session but not share them

7. Wearing of a face mask is not required, but you are most welcome to bring you own and use it if this helps you feel safer at the session. The JMG will not provide masks.

8. You cannot attend a JMG session if you are feeling physically unwell with a cold or flu like symptoms - cough, feverish, sore throat, running nose

The JMG hopes these are all commonsense requirements and that they will help all of us to feel Covid safe at our sessions. We are sure you will help with this.

Thanks very much!

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